

Barrabool CRICKET CLUB



There is a range of statistics available which cause us concern on the issue of exposure to the sun:

* Australia has the highest incidence of skin cancer in the world, with two out of three people developing some form of skin cancer during their lifetime; current statistics show that 2 out of every 100 people have some form of skin cancer.

* Over-exposure to the sun during childhood and adolescence is known to be a major cause of skin cancer.

* as few as 6 doses of sunburn during a lifetime can more than double a person's chances of developing a skin cancer.

The aim of the Club Policy is to minimise the dangers of excessive UV radiation exposure for both senior and junior members and to ensure a healthier environment with long term health benefits.

The goals of our policy will be:

- To increase awareness of skin cancer.
- To adopt practical skin protection measures.
- To develop strategies which encourage responsible decision-making about skin protection.
- To work towards a safe club which provides shade for players and spectators.
- To encourage all members to wear protective clothing, hats and sunscreen whilst playing either on the field or watching in unprotected areas
- To continually inform new members of the club's Sun Smart policy.

In order to support our Sun Smart policy we ask players to observe the following:

- * The compulsory wearing of hats in all game for junior members.
- * A free supply of sunscreen being made available in the clubrooms and in all kit bags.
- * Senior members are encouraged to wear hats during times of play.

The hat has been promoted as part of the team uniform.

* Articles on the danger of over exposure to the sun being published in the club's fortnightly newsletter.

* Anticancer council posters on skin cancer placed on the clubroom walls.

Further information can be obtained from <http://www.sunsmart.com.au/>